

RUNNER'S GUIDE



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Ultra Trail Jack Rabbit (Winter) 2027 – 5th Edition

#UTJR – #TheNightOfTheGreatConstellation

RACE DIRECTOR'S MESSAGE

Welcome to the Ultra-Trail Jack Rabbit (UTJR),

Here, the night doesn't divide — it brings people together.

Under the stars of the Parc régional de Val-David / Val-Morin (Far Hills sector), something special happens. Something that simply can't be recreated anywhere else.

This is never just a race.

It's a journey.

A night shared with others who, like you, chose to move forward... even when staying warm would be easier. Whether for 4h, 8h, or 12h, running or cross-country skiing, everyone experiences their challenge in their own way — but never truly alone.

The 4.55 km loop quickly becomes more than just a course. It becomes a meeting point. A landmark. A place where eyes meet, encouragement flows naturally, and every lap tells a little more of your story.

Coming back to UTJR means coming back for this unique atmosphere.

A community moving together, through the cold, the silence, and the raw beauty of winter. A moment outside of time, where hours fade away... leaving only movement, breath, and presence.

Each edition leaves its mark.

In your legs, yes... but mostly in your memories.

Faces shaped by effort, genuine smiles at 2 a.m., small moments that suddenly become unforgettable.

And beyond the challenge, there is meaning.

Taking part in UTJR also means contributing to something bigger than yourself. It means making a real impact by supporting the health and well-being of our community.

In 2026, over \$15,000 was donated to:

- The Parc régional de Val-David / Val-Morin Fund (Val-Morin sector)
- The Laurentians Medical Foundation

And that's because of you. Thank you for being here.

Thank you for stepping into the night with us.

Take the time to look up, listen to the silence, and feel every moment.

Because in the end... that's what you'll take home with you.

Enjoy the journey.

Stéphane Bigras

Race Director

Ultra-Trail Jack Rabbit (UTJR)

RACE INSTRUCTIONS & INFORMATIONS

BIB PICK-UP

 **Friday, February 19, 2027 – starting at 5:00 PM**

 Chalet Far Hills

[5966 Chemin du Lac-La Salle, Val-Morin, QC J0T 2R0](#)

 **Please allow enough time before your start (minimum 1 hour).** There will be many participants, and we want everyone ready on time.

PARKING

You are responsible for your own parking.

Considering that the inscriptions are limited to 100, there is enough place for all the participants.

See [APPENDIX – PARKING](#).

 Parking in front of private driveways or restricted areas is strictly prohibited.
Please be respectful and mindful of where you park.

BAG DROP

 Base camp inside the chalet for your gear

RACE GUIDELINES, AID & MANDATORY GEAR

 Listen carefully to instructions and follow course markings

 **Aid stations:** water + SPARK drink, fruits, date squares

Bring your own bottles/hydration vest

 Final aid station (2nd floor):

Water, SPARK drink, fruits, date squares, and a wider food selection

 No food provided on course — be self-sufficient

 **Headlamp + spare battery**

 Traction devices / poles (use them wisely 😊)

 **Spare clothing**

 **Personal nutrition**

 **Boot warmers / mittens**

 *Don't forget your good mood and trail spirit !!!*

 **No traction devices allowed upstairs** 

SUPPORT, GEAR & FOOD

This is **your challenge**, but you're not alone 😊

You're sharing the experience with others who are here for the same adventure.

As space is limited, we kindly ask that accompanying guests attend only if necessary and that their presence be confirmed in advance (**maximum of one accompanying guest per participant**).

Food on site is **for participants only**.

Each participant must be **self-sufficient and properly equipped**.

Please be mindful of others and shared space — no need to bring your entire apartment 😊

START LOCATION

📍 **Parc régional de Val-David/Val-Morin (Val-Morin sector), Far Hills chalet**
[5966 Chemin du Lac Lasalle, Val-Morin, QC J0T 2R0](#)

🕒 Arrive at least 1 hour before your start

START TIME

🕒 **7:00 PM**

LAP PROCEDURE

At each lap, enter the chalet and provide your bib number for official counting.

🏃 Running: **≈ 4.55 km (143 m elevation gain)**

🛷 Cross-country skiing: **≈ 5.5 km**

A lap is **considered VALID** when it is announced to the markers **AND** completed **BEFORE** the end time of your challenge (11:00 PM for the 4-hour, 3:00 AM for the 8-hour, and 7:00 AM for the 12-hour).

CUT-OFF TIME

Based on your own limits and registration 😊

TOILETS

Restrooms are available inside the chalet.

We're a small family — please help keep them clean.

RESPECT & KINDNESS

🚫 No littering — pick up anything you see

🙌 Thank the volunteers and encourage fellow participants

FOOD AREA

- Full menu by Andrew Perron – Cuisine Inspirée (coming soon)
- Nuts, fruits, and small treats

PHOTOS

 Available on Facebook a few days after the event (up to 2 weeks)

 Please do not message us asking for the release date — no replies will be given

SATISFACTION – PRIDE – JOY

Thank the volunteers, support other participants, and share your moments by tagging:

#UTJR – #TheNightOfTheGreatConstellation

Thank you for your energy, your commitment, and your positive spirit!

For any questions:

 info@courirlaurentides.com

If your answer is already in this guide, you will not receive a reply 😊

See you soon!

The UTJR Team

APPENDIX – PARKING

Far Hills Chalet Parking

5966, chemin du Lac Lasalle, Val-Morin (Québec) J0T 2R0

